THE SANCTUARY

WELLNESS TREATMENTS



All wellness treatments can be booked through our Concierge Team and will be provided a in-room treatments or in our event venues. We can offer an additional room for CHF 250, or a suite for CHF 500, for the duration of the treatment, subject to availability.

MASSAGES

Elevate your well-being with our meticulously crafted massages, where each treatment is an embodiment of exquisite care. Our expert physiotherapists and qualified masseurs combine their profound knowledge with high-quality oils. This ensures a unique wellness journey, designed to treat your body as the temple it is, leading to true delight in both body and mind.

DEEP TISSUE MASSAGE

The massage focuses on releasing chronic muscle tension and knots using slow, deep strokes and sustained pressure

SOFT TISSUE MASSAGE

A gentle yet effective treatment designed to alleviate muscular discomfort and improve circulation through subtle flowing techniques.

RELAXING MASSAGE

Immerse yourself in profound tranquility as gentle, rhythmic strokes melt away tension, promoting a state of deep relaxation for body and mind.

TRIGGER POINT MASSAGE

This targeted therapy applies focused pressure to specific points of muscle tightness, alleviating pain and restoring natural movement.

SPORTS MASSAGE

Tailored to enhance athletic performance and recovery, thi dynamic massage addresses muscle fatigue and improves flexibility.

SWEDISH MASSAGE

A classic, soothing massage employing long, gliding strokes kneading, and circular movements to foster relaxation and improve overall circulation.

FACIAL MASSAGE:

A delicate and revitalising treatment that stimulates facial muscles, promotes lymphatic drainage, and enhances skir radiance through precise techniques.

MANUAL LYMPHATIC DRAINAGE

A gentle, rhythmic technique designed to stimulate the lymphatic system, reducing swelling and promoting detoxification and healing.

NUAD THAI: TTM - TRADITIONAL THAI MASSAGE

An ancient therapeutic practice combining passive stretching and gentle pressure along energy lines to promote flexibility reduce tension, and restore vitality.

NUAD THAI: TTMM - TRADITIONAL THAI MEDICAL MASSAGE

Building upon traditional Thai techniques, this therapeutic massage integrates deeper pressure and specific acupressure points to address chronic conditions and restore balance.

Massage 90 mins CHF 340.00 Thai-Massage 90 mins CHF 440.00

CHF 340.00 Thai-Massage 90 mins CHF 440.00



MASSAGES

INTEGRATED DEEP TISSUE WITH DYNAMIC TABLE THAI STRETCH MASSAGE:

A powerful fusion that combines intense deep tissue work with assisted, dynamic Thai stretches on the table, offering profound release and enhanced mobility.

HERBAL COMPRESS MASSAGE

Experience the therapeutic warmth of steamed herbal compresses applied to the body, infusing aromatic healing and deep relaxation to soothe muscles and invigorate the senses

PRENATAL MASSAGE

A gentle and nurturing massage specifically adapted for expectant mothers, alleviating common discomforts and promoting relaxation during pregnancy.

FOOT REFLEXOLOGY

This ancient healing art applies pressure to specific reflex points on the feet, stimulating corresponding organs and systems throughout the body to restore balance and well-being.

Massage 60 mins	CHF 240.00
Massage 90 mins	CHF 360.00
Thai-Massage 60 mins	CHF 320.00
Thai-Massage 90 mins	CHF 440.00

PHYSIOTHERAPY

Our physiotherapies are meticulously performed by highly qualified experts, each bringing years of profound experience

We offer a comprehensive suite of specialized therapies, including advanced treatments for the back and neck (such as manual therapy, precise taping, and dynamic active therapies), alongside cutting-edge neurological physiotherapy, targeted sports physiotherapy, and specialized physioaesthetics designed for post-aesthetic surgery care.

Physiotherapy 30 mins	CHF 176.00
Physiotherapy 60 mins	CHF 240.00
Physiotherapy 90 mins	CHF 360.00

Cancellations made less than 12 hours before the appointment are subject to a 100% charge; until then cancellation is free of charge.





FACIAL I CLASSIC FACIA

Our Classic Facial is an exquisite ritual, meticulously designed to revitalise and renew all skin types. It commences with a thorough cleansing using high-end skincare products, expertly chosen to complement your skin's unique needs, followed by a refining enzyme peel. Serums are then delicately applied before a soothing alginate mask, enriched with coral extracts and allantoin, is used to calm the skin and fortify its natural barrier.

Each treatment culminates in a bespoke massage, skillfully incorporating techniques such as facial lymphatic drainage, precise eye area drainage, targeted acupressure, the revitalising Kobido massage, and a serene scalp massage. This customised approach addresses your personal needs, leaving your skin radiantly enhanced and profoundly renewed

Classic facial 60 mins CHF 256.00

For Gentleman facial we recommend shaving four hours before their facial for the best result

MANICURE I CLASSIC FOR LADIES

Our Classic Manicure is a refined treatment that commences with meticulous nail shaping and the gentle care of cuticles. Following this, select your preferred finish: either a natural polish or Shellac The experience continues with an exfoliation to renew the skin, complemented by a hand massage, expertly applied to soothe muscles and enhance circulation.

Manicure Classic with Normal Nail Polish

60 mins CHF 192.00

Manicure Classic with Shellac

GENEO X PREMIUM

We offer exclusive facial treatments with the Geneo X, a leading non-invasive high-end device for facial cleansing and firming, which we are the first practice to offer in Zurich This device is only available in selected Swiss 5-star hotels.

We are recognised as therapists according to V-NISSC (new BAG guidelines).

acial cleansing and treatment with the Geneo X Premium

90 mins

CHF 448.00

Cancellations made less than 12 hours before the appointment are subject to a 100% charge; until then, cancellation is free of charge.

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THE PEDICURE I CLASSIC LADIES

Our Classic Pedicure is designed for profound foot revitalisation. It features nail contouring, gentle cuticle care, and expert smoothing of calluses. Following this, select your preferred finish: either a natural polish or Shellac. The experience is elevated with a foot exfoliation, culminating in a nourishing cream application to leave your feet soft and renewed.

The Classic Pedicure for Ladies with normal nail polish

60 mins CHF 224.00

The Classic Pedicure for Ladies with Shella

0 mins CHF 256 (

MAKE-UP & HAIR STYLING

Be ready for any occasion with our professional make-up & hai styling service. Our experienced stylists conjure up the perfect look, whether for a special event or an unforgettable evening. Perfect for anyone who wants to leave a lasting impression.

We offer the expertise of Nathanael Röthlisberger in our Orsini Suite, a renowned hairdresser known for his work with prominen international clients. Nathanael will be providing high-quality haircuts and styling services. Please contact them at +41 44 401 01 23 or through our concierge team.

The team is available from 8am to 9pm to assist you.

Make-up & hair styling

60 minutes CHF 256.0

Make-up & hair styling

120 minutes CHF 416.0

THE GENTLEMAN CLASSIC MANICURE

Gentleman Manicure offers a well-groomed appearanc with a focus on clear details: adjusting the nail shape, removing excess cuticles, refreshing exfoliation and a relaxing hand massage.

The Gentleman Classic Manicure

45 mins CHF 176.0

Free cancellation possible up to 12 hours before the appointment.

THE GENTLEMAN PEDICURE

The treatment includes: a relaxing foot bath, nail shaping careful removal of cuticles and calluses and a soothing foot massage.

The Gentleman Pedicure

50 mins CHF 208.

Product Removal

Shellac or Gel Removal without Additional Treatmen with Quick Manicure (Filing, Cuticle Care)

0 mins CHF 64.00

