



CASCADES

BITES & APPETIZERS

Mezzeh (D, G, V, SS) - 95

Hummus, Moutabal, Fattoush, Stuffed Vine Leaves
Served with Arabic Bread & Vegetable Crudités

Seabream Ceviche (SSF, R, LS) - 110

Cucumber, Tomato, Spring Onion, Ginger Lime & Coconut Leche De Tigre

Prawns Tempura (SF, SSF, G, LS, SS) (6 pieces) - 95

Wakame Salad, Yuzu Mayonnaise, Togarashi Salt

Vietnamese Spring Rolls (SF, SSF, LS) - 95

Shrimps, Pickled Cucumber, Red Onions, Beans Sprouts, Coriander
Mint, Sweet Chilli Sauce

Tuna Tataki (SS, R, SSF) - 115

Wakame Salad, Spring Onion, Sesame, Red Chilli, Avocado Puree, Ponzu Sauce

Satay Skewers (G, N, SF) (3 pieces)

Marinated with Ginger, Soya, Turmeric, Fish Sauce
Served with Pickled Cucumber, Peanut Dip

Chicken (LS) - 110

Beef - 130

SALAD

Caesar Salad (G, D, SSF, LS) - 95

Romaine Lettuce, Parmesan, Garlic Croutons, Boiled Egg, Veal Bacon, Anchovies Caesar
Dressing

Watermelon & Feta (D, V) - 95

Avocado, Rocket Leaves, Cucumber, Mint, Pomegranate Dressing

Greek Salad (D, V) - 95

Baby Heirloom Tomatoes, Red Onion, Feta Cheese, Cucumber, Kalamata Olives, Bell
Pepper, Spring Onion, Mustard Dressing

Papaya Salad (N, SF) - 95

Green Papaya, Long Beans, Peanuts, Spicy Citrus Shrimp Dressing

Enhance Your Salad

Avocado (VG) - 35 | Shrimps (LS, SF, SSF) - 45 | Chicken (LS) - 45

Quinoa Salad (N, VG) - 95

Avocado, Heirloom Tomatoes, Pecan Nuts, White Beans, Pomegranate, Citrus Dressing

SUSHI

Served with Homemade Pickled Ginger, Wasabi and Dashi Soy Sauce

Dragon Roll (SF, SSF, G) - 115

Prawn Tempura, Mango, Tobiko, Avocado, Coconut, Lychee Sauce

Salmon Teriyaki Roll (SSF, R) - 110

Cucumber, Avocado, Chives, Furikake, Homemade Teriyaki Sauce

Spicy Tuna Roll (SSF, SS, R) - 110

Roasted Pineapple with Nuac Cham Sauce, Toreados Chillis, White Onion, Chives
Wakame Salad, Roasted Onion Mayonnaise

Vegetables Roll (V) - 100

Avocado, Shiso Leaves, Mango, Cucumber, Asparagus, Japanese Mayonnaise

Poke Bowl (VG, SS) - 120

Japanese Rice, Avocado, Cucumber, Edamame, Radish, Wakame Salad, Pickled Ginger,
Bean Sprouts, Sesame, Ponzu Dressing

Choice of: Tuna (SSF, R) - 40, Salmon (SSF, R) - 50, Tofu (VG) - 35

Sharing Platter - 350

Salmon Teriyaki Roll (SSF, R), Spicy Tuna Roll (SSF, SS, R), Vegetables Roll (V)
Mini Poke Bowl (VG, SS), Seabream Ceviche (SSF, R, LS)

RESTAURANT

PIZZA

Margherita (G, D, V) - 100

Mozzarella, Basil, Tomato Sauce

Diavola (G, D) - 115

Beef Salami, Chilli Flakes, Onions, Mozzarella, Tomato Sauce

Truffle & Mushroom (G, D, V) - 135

Parmesan, Mozzarella, Black Truffle Cream, Rocket Leaves

Zucchini (G, D, V, LS) - 120

Mozzarella, Yellow & Green Zucchini, Basil

MAINS

Spaghetti (G) or Penne Pasta (G) - 120

With Bolognese Sauce (D), Arrabiata Sauce (V), Cream Sauce (D, V)

Grilled Angus Rib Eye (SS, D, N) - 170

Glazed Shallots, Sesame, Yakniku Sauce, Jasmine Rice, Cashew Nuts

Sweet & Sour Chicken (G, SF, N, LS) 120

Crispy Chicken Breast, Capsicum, Red Onion, Sesame, Burnt Orange
Cashew Nuts, Jasmine Rice

Baked Red Snapper (SSF, N, SS) - 155

Bok Choy, Shitake Mushrooms, Scallions, Soy Sauce, Green Apple, Peanut Salad

Wagyu Beef Cheeseburger (G, D) - 140

Tomato, Lettuce, Veal Bacon, Cheddar, Jalapeno, Home Made Gherkins, Onion Jam
Chipotle Mayonnaise
Served with French Fries or Salad

Crispy Chicken Burger (G, D, LS) - 135

Fried Chicken, Tomato, Lettuce, Cheddar, Sriracha Mayonnaise,
Served with French Fries or Salad

FRIES (VG, G)

French Fries - 40

Spicy Fries - 45

Sweet Potato Fries - 45

Truffle Fries (D) - 100

SWEETS & FRUITS

Churros (G, D, N) - 85

Chocolate, Dulce de Leche, Vanilla Ice Cream

Sundae - 60

Exotic (D)

Mango Sorbet, Coconut Ice Cream, Exotic Compote, Chantilly

Choco Shock (G, D, N)

Vanilla & Chocolate Ice Cream, Brownie, Chocolate Sauce, Chantilly

Wild Berry (D)

Raspberry Sorbet, Vanilla Ice Cream, Meringue, Berry Compote, Fresh Berries

FRESH FRUITS (VG)

Sliced Watermelon - 95

Half Watermelon - 180

Seasonal Fruit Platter - 90

FRUIT SORBET (V)

Served in Frozen Fruit

Frozen Fruit Platter (2-4 Persons) - 220

(Pineapple, Lemon, Coconut, Passionfruit)

Frozen Lemon (2 pieces) - 55

Frozen Coconut (1piece) - 65

G Gluten D Dairy V Vegetarian VG Vegan N Nuts SF Shellfish SSF Sustainable Sea Food LS Locally Sourced SS Sesame R Raw
Please ask a member of the team for more information about our ingredients

All prices are in UAE dirham and are inclusive of all applicable service charges and taxes.
جميع الأسعار بالدرهم الإماراتي وتشمل كافة رسوم الخدمة والضرائب المطبقة



CASCADES

BEVERAGE MENU

SOFT BEVERAGES

Filtered Water

BeWTR, Still 50cl - 30
BeWTR, Sparkling 50cl - 30

Still Water

Acqua Panna 50cl - 35
Acqua Panna 1L - 55

Sparkling Water

San Pellegrino 50cl - 35
San Pellegrino 1L - 55

Fresh Juices - 50

Orange | Mango | Pineapple | Watermelon
Green Apple | Grapefruit

Soft Drinks - 32

Energy Drinks - 45
Red Bull | Red Bull Light

HEALTHY JUICES

Green Detox - 55

Cucumber, Celery, Kale, Baby Spinach
Ginger, Green Apple

Immunity - 55

Apple, Lemon, Ginger, Parsley, Kale

Aloe Vera - 55

Pineapple, Mango, Ginger, Papaya, Aloe Vera

Mango Tango - 55

Pineapple, Mango, Passion Fruit

Buzzy Berry - 55

Strawberry, Banana, Papaya, Cherry

Blueberry Rush - 55

Blueberry, Açai, Mango, Banana

COFFEE & TEA

Espresso ^(S) - 35

Cappuccino ^(D, S) - 45

Caffe Latte ^(D, S) - 45

Americano ^(S) - 45

Flat White ^(D, S) - 45

Iced Coffee ^(S) - 50

Iced Cappuccino ^(D, S) - 50

Iced Tea 48

Lemon | Peach | Passion Fruit

SLUSHY & MILKSHAKE

Slushy - 50

Mango, Maracuya & Mint | Green Apple & Cucumber

Mars Salted Caramel Milkshake ^(D) - 50

Chocolate Ice Cream, Vanilla Ice Cream, Milk
Salted Caramel

Almond Tiramisu Milkshake ^(D, N) - 50

Almond Milk, Fresh Brew, Condensed Milk,
Vanilla Ice Cream, Cacao

Vaniloco - 50

Mango Juice, Vanilla Ice Cream, Coconut Cream
Fresh Mango Ball

MOCKTAILS

CalaMelon - 50

Calamansi Puree, Watermelon Juice, Yuzu Puree, Honey
Soda, Fresh Watermelon Ball

Berry Kiss - 50

Mix Fruits Puree, Lemon juice, Ginger Ale, Mix Berry Fruits

Marina Sunset - 50

Cranberry juice, Pineapple juice, lemon juice, Passionfruit Puree
Passionfruit, Ginger Ale, Dehydrated passionfruit

Cuco Cooler - 50

Fresh Cucumber, Coconut Juice, Mint Leaves, Lemon Juice
Soda, Cucumber Slice

Lycheelada - 50

Orange Juice, Lychee Fruit Puree, Lemon Juice
Coco Lopez

Mandarin Zing - 50

Coconut Juice, Coconut Fruit Puree, Tangerine Puree
Mango Juice, Lemon Juice, Fresh Mango Ball

COCKTAILS

Rose Soleil - 70

Rose Wine, Triple Sec, Lemon Juice, Fresh Strawberry

Kiwi Paloma - 70

Mezcal, Kiwi Liquor, Kiwi Puree, Agave
Lemon Juice, Grapefruit Juice, Dehydrated Kiwi

Halekulani - 70

Whiskey, Apricot Brandy, Pineapple Juice, Orange Juice
Honey, Lemon Juice, Dehydrated Orange

Coco Mint Breeze - 70

Vodka, Disaronno, Coconut juice
Lemon Juice, Mint leaves

Scarlet Bloom - 70

Rum, Campari, Pineapple Juice, Lemon Juice
Foam, Elder Flower

Golden Orchid - 70

Pisco, Dark Rum, Pineapple Juice, Tangerine Puree
Lemon Juice, Dehydrated Passionfruit

Emerald Basil Spritz - 70

Infused Tequila, Midori, Lemon Juice
Prosecco, Soda, Fresh Basil Leaf

WINE

Champagne

FRANCE Ruinart Brut
FRANCE Ruinart Rosé

Glass / Bottle

99 / 590
145 / 850

White

NEW ZEALAND Cloudy Bay, Marlborough,
Sauvignon Blanc
ITALY Alois Lageder, Alto Adige Pinot Grigio
USA Kenwood, California, Chardonnay

115 / 575
65 / 325
100 / 475

Rosé

FRANCE M de Minuty, Provence, Grenache
Cinsault, Syrah

75 / 350

Red

ARGENTINA Terrazas, Mendoza, Malbec

70 / 350

BEER

Draught

ITALY Birra Moretti (30cl / 50cl)
JAPAN Kirin (30cl / 50cl)

Glass

40 / 50
40 / 60

Bottled

MEXICO Corona (33cl)
HOLLAND Heineken (33cl)
ITALY Peroni (33cl)
JAPAN Kirin Ichiban (33cl)
GERMANY Erdinger (50 cl)

40
40
40
40
62

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