

MANDARIN ORIENTAL

SPA AND WELLNESS



身心療癒之所
A SANCTUARY OF WELLBEING

由文華東方專業團隊以享譽全球的卓越服務呈獻，每項護理療程均經過精心設計，
將傳統療癒智慧與現代技術完美融合，旨在讓您恢復身心平衡，喚醒內在活力。
由專業理療師細心引導，每段養生之旅均賦予獨特意涵，讓您於療程前後放慢步伐、
重新連結自我，在深度放鬆之中重喚神采與活力。

Every treatment is thoughtfully designed to restore balance and awaken vitality,
combining traditional healing practices with modern techniques,
all delivered with Mandarin Oriental's renowned service excellence.
Guided by our expert therapists, each wellness journey is curated with intention,
inviting guests to relax, reconnect and restore their sense
of well-being before and after every treatment.



濠鏡精髓
ESSENCE OF MACAU

珠光玉龍 PEARL JADE DRAGON | 3 小時 3 hours

沉浸在私人的水療套房體驗尊尚護理療程，先以名貴珍珠磨砂膏除去身體角質，讓肌膚煥發光澤，重現活力，再配合「保定球」作中式的全身淋巴按摩，排毒及消除疲勞。最後以冰感翡翠滾輪按摩面部肌膚，促進血液循環，達到提亮效果。

Indulge in a luxurious wellness ritual featuring a pearl body scrub, Chinese lymphatic massage with Bao Ding balls, and a cooling jade roller facial. Designed to rejuvenate the skin, relieve muscle tension, and restore a natural, healthy radiance.

醉人葡情 VINO OF PORTUGAL | 2 小時 2 hours

此護理療程以身體磨砂揭開序幕，採用獨特的葡萄牙抗氧化身體磨砂膏，這款磨砂膏以檀香、葡萄籽萃取精華和金箔薄片製成。隨後的全身熱石按摩可緩解整個背部的繃緊感，促進深度放鬆。

This indulgent ritual features a Portuguese antioxidant body scrub with sandalwood, grape seed extract, and gold leaf, followed by a tension-relieving full-body hot stone massage to ease tightness and promote deep relaxation.



經典療程
SIGNATURE THERAPIES

文華東方水療中心提供全方位的養生護理，於寧靜祥和的環境中，將東方傳統與個性化護理結合，讓您達至身心平衡，啟迪更健康的生活方式。

At Mandarin Oriental, our spas offer a holistic approach to wellbeing, blending eastern traditions with personalised treatments in a tranquil setting designed to restore balance and inspire a healthier lifestyle.

和氣養元 QI | 1 小時 30 分鐘 1 hour 30 minutes

這項滋養身心的按摩護理承襲傳統中醫養生智慧，融合穴位按壓與精油療法，可舒緩身心積聚的緊繃感、調和氣息與恢復活力，助您疏導體內能量，重拾身心平衡，締造更自在舒暢的整體狀態。

Designed to release tension, harmony, and renew vitality, this nurturing massage is rooted in Traditional Chinese Medicine and combines acupressure techniques with essential oils to enhance energy flow, balance, and overall wellbeing.

特色護理™ TIME RITUALS™ | 2 小時 2 hours / 3 小時 3 hours

Time Rituals™提供度身訂造的養生體驗，專業的理療師可根據您的獨特需求，制定專屬的個人化護理療程。

Time Rituals™ offers a personalised wellness experience, allowing our expert therapists to tailor a bespoke treatment journey to your individual needs.

深度睡眠 SLEEPFULNESS | 1 小時 30 分鐘 1 hour 30 minutes

這項專為促進更深層、更高效的休息而設計的療程，結合呼吸法、芳香療法及修護按摩技術，助您平復心緒，舒緩緊張，減輕睡眠失調、旅途勞頓及電子產品過載帶來的影響。

Curated to support deeper, more restorative rest, Sleepfulness combines breathwork, aromatherapy, and restorative massage techniques to calm the mind, ease tension, and relieve the effects of disrupted sleep, travel fatigue, and digital overload.

內在平衡 INNER BALANCE | 1 小時 30 分鐘 1 hour 30 minutes

這項療程靈感源自傳統中醫養生理念，融合芳香療法、穴位按摩和輕柔伸展，舒緩身心緊繃，重拾平衡狀態。此護理療程有助保持情緒安定和思緒澄澈，為追求身心平和的您提供寧靜的重啟。

Inspired by Traditional Chinese Medicine, Inner Balance combines acupressure, gentle stretching, and aromatherapy to restore balance, ease tension, and promote emotional and mental wellbeing, helping to harmonise both body and mind.

數碼排毒 TECH DETOX | 1 小時 30 分鐘 1 hour 30 minutes

數碼排毒針對使用電子產品帶來的疲勞，重點舒緩頭部、眼部、頸部、背部、肩部及雙手等容易累積壓力的部位，以釋放緊繃感並恢復身心平衡。

Tech Detox targets digital fatigue by focusing on the head, eyes, neck, back, shoulders, and hands to relieve tension and restore balance.

智能運動 INTELLIGENT MOVEMENT | 1 小時 30 分鐘 1 hour 30 minutes

智能運動按摩護理結合深層肌肉按摩與輔助的伸展技巧，有助舒緩肌肉緊張及促進血液循環、提升身體靈活度，並改善姿勢，讓身體重拾輕盈自在的舒適狀態。

The Intelligent Movement massage combines deep muscle work and assisted stretching to relieve tension, improve circulation, enhance mobility, and promote better posture and freedom of movement.



全身按摩護理
MASSAGE

此客製化按摩護理將根據您的個人喜好及健康目標而訂製。
療程開始前會進行深入諮詢，了解您身體狀況與期望，從而設計最適合的護理方案。
透過針對性的按摩技巧，有效舒緩緊繃與疲勞、促進循環流動，恢復身心平衡。
Tailored to your preferences and wellbeing goals, our bespoke massage treatments begin with a comprehensive consultation, allowing your therapist to create a personalised experience that relieves tension, improves circulation, and restores balance.

傳統泰式按摩 TRADITIONAL THAI | 1 小時 30 分鐘 1 hour 30 minutes

透過柔和搖擺、穴位按壓及輔助式伸展手法，此護理療程有助深層放鬆身心、舒緩肌肉和關節緊繃，以及提升身體柔韌度，讓身心能量回復平衡，促進整體身心健康。
A deeply relaxing therapy that combines gentle rocking, acupressure, and assisted stretching to ease muscle and joint tension, improve flexibility, restore energy balance, and promote overall wellbeing.

青竹按摩 BAMBOO MASSAGE | 1 小時 30 分鐘 1 hour 30 minutes

特別針對背部而設的護理，透過溫熱的青竹配合深層肌肉按摩手法及專屬調配的芳香精油，深入舒緩背部及肌肉積聚的緊張與疲勞，同時促進血液循環，改善睡眠質素。
Relieve back tension, ease muscle stress, boost circulation, and improve sleep with a restorative bamboo massage using warm bamboo, deep tissue techniques, and custom-blended oils.

峇里式按摩 BALINESE MASSAGE | 1 小時 30 分鐘 1 hour 30 minutes

這項身心修復的護理融合穴位按壓與火山熱石，配以自選Flourish或Reflect特色精油，溫和促進淋巴循環及身體自然排毒機制，從而舒緩壓力，提升整體健康狀態。
Stimulate the lymphatic system and support natural detoxification with a restorative treatment that combines acupressure, volcanic hot stones, and your choice of signature Flourish or Reflect oil to ease tension and promote well-being.

活力重現 INNER STRENGTH | 1 小時 30 分鐘 1 hour 30 minutes

結合芳香療法精油與柔和舒緩的按摩手法，此療程旨在釋放身體積聚的緊張與疲勞，同時舒緩情緒壓力，幫助身心重拾和諧平衡，感受由內而外的寧靜與安適。
Using healing aromatherapy oils and soothing massage techniques, this restorative treatment helps relieve physical tension, reduce emotional stress, and promote a sense of balance and wellbeing.

孕期呵護 MUM TO BE | 1 小時 30 分鐘 1 hour 30 minutes

專為孕期而設的溫和按摩療程，選用安全且悉心挑選的護理精油，針對上背及肩頸部位的緊繃與疲勞提供舒緩，同時滋養肌膚，幫助準媽媽放鬆身心，享受寧靜而舒適的療癒時光。
A nurturing pregnancy massage using carefully selected oils to ease upper back and shoulder tension, nourish the skin, and promote relaxation and wellbeing.

重啟身心 PAUSE & RESET | 1 小時 30 分鐘 1 hour 30 minutes

重啟身心護理是一項修復性護理，旨在協助您重新尋回平衡、重拾連結，恢復健康狀態。此滋養體驗非常適合正在經歷荷爾蒙變化或情緒壓力的人士，有助舒緩緊張，促進放鬆，讓身心重回和諧安穩。
Pause & Reset is a restorative treatment designed to help you rebalance, reconnect, and restore a sense of wellbeing. Ideal for those experiencing hormonal changes or emotional stress, this nurturing experience helps ease tension, promote relaxation, and support overall balance.



昇華項目
TREATMENT ENHANCERS

文華東方皇牌全身磨砂 ORIENTAL BODY SCRUB | 45 分鐘 45 minutes

這款身體磨砂結合蘊含熱帶生薑、乳香及柑橘精華的文華東方標誌性按摩精油，以及富含礦物質的海鹽，溫和去除老化角質，讓肌膚光滑如絲，煥發活力。療程後肌膚倍感清新滋養，並縈繞令人愉悅的芳香，散發動人光彩。

This luxurious body scrub combines Mandarin Oriental's signature body oil, infused with tropical ginger, frankincense, and mandarin, with mineral-rich sea salt to gently exfoliate, smooth, and revitalise the skin. Leaving the body feeling refreshed and replenished, it enhances radiance while enveloping the skin in an uplifting exotic fragrance.

三重玫瑰去角質護理 TRIPLE ROSE EXFOLIATION | 45 分鐘 45 minutes

這款尊尚微晶去角質護理可為您的按摩護理錦上添花。注入蘊含玫瑰、天竺葵及玫瑰草的提神香氣，並富含青竹、玉米芯及可可巴的植物微粒，溫和去除老化角質、令肌膚更柔滑細緻，同時煥醒感官活力。

Enhance your massage with this indulgent microdermabrasion treatment. Infused with the uplifting aromas of rose, geranium, and palmarosa, and enriched with botanical microspheres of bamboo, corn cob, and jojoba, it gently exfoliates, smooths, and renews the skin while revitalising the senses.

LED 光化面膜護理 LED LIGHT THERAPY MASK（附加項目 Add-On） | 15 分鐘 15 minutes

此項先進療理採用超過150多個精密LED光源驅動，可促進膠原蛋白增生，鎮靜炎症，提升肌膚光澤。於面部護理後使用，可促進修復，令肌膚更顯平滑細緻、透亮飽滿，綻放健康光澤。

Powered by over 150 precision LED lights, this advanced therapy boosts collagen, calms inflammation, and enhances skin radiance. Applied after your facial, it promotes recovery and leaves skin visibly refreshed and glowing.

全面護膚療程
HOLISTIC SKIN CARE

極致養生面部護理 ULTIMATE WELLBEING FACIAL | 1 小時 30 分鐘 1 hour 30 minutes

這項開創性的護理療程不僅是一項面部護理，還會透過針對性的按壓來釋放耳朵和下頜周圍的繃緊感，消除壓力。此外，經過專門訓練的理療師會結合傳統中式指壓按摩技術，著重按摩膽經，以促進淋巴排毒、減少浮腫，排出毒素。

More than a facial, this tension-relieving treatment combines targeted pressure and traditional Chinese acupressure to reduce stress, encourage lymphatic drainage, and promote a refreshed, revitalised appearance.

孕婦煥采面部護理 GLOW AS YOU GROW | 1 小時 30 分鐘 1 hour 30 minutes

專為準媽媽而設的滋養面部護理孕期適用的溫和產品，深層補濕並提升肌膚柔嫩度，同時煥活疲憊肌膚，讓膚質回復水潤飽滿，綻放健康亮澤的自然光采。

Designed for expectant mothers, this nourishing facial uses pregnancy-safe products to hydrate, soften, and revitalise the skin, revealing a healthy, radiant glow.

男士深層潔淨面部護理 MEN'S DEEP CLEANSING FACIAL | 1 小時 30 分鐘 1 hour 30 minutes

專為男士肌膚量身定制，這款淨化面部護理可深層清潔、補濕及修護功效，有助改善因日常剃鬚、壓力及環境因素所引起的肌膚疲態，令膚質重現清爽與光采。

Tailored for male skin, this purifying facial deeply cleanses, hydrates, and revitalises the complexion, helping to combat the effects of shaving, stress, and environmental aggressors.



高效美容護理
ADVANCED SKIN CARE

膠原蛋白重塑面部護理 COLLAGEN RESTORE FACIAL | 1 小時 30 分鐘 1 hour 30 minutes

採用密集型膠原蛋白修護療程，為疲憊黯沉肌膚補充水份，煥活更新並撫平細紋。結合針對性的專業塑顏按摩，提升面部輪廓，令肌膚重現緊緻、飽滿及透亮光采。

Revive tired-looking skin with an intensive collagen-infused treatment that hydrates, renews, and smooths the appearance of fine lines. Combined with a targeted sculpting massage, it enhances facial contours for a lifted, radiant glow.

細胞科技緊緻護理 CELLULAR HIGH-TECH FIRMING | 1 小時 30 分鐘 1 hour 30 minutes

這項科技驅動的提拉護理結合先進護膚科技與抗衰老技術，從深層改善肌膚狀態，提升緊實度及細緻度，重塑面部輪廓線條，療程後肌膚更顯柔滑飽滿、緊緻透亮，綻放由內而外的健康光采。

This technology-driven lifting treatment combines advanced skincare science with age-defying techniques to enhance firmness, improve skin texture and restore youthful definition. The result is smoother, firmer and more radiant skin.

獨家面部提拉護理療程 EXCLUSIVE LIFTING CONCEPT | 2 小時 2 hours

這項高效面部護理療程蘊含Swiss Perfection先進的生物科技成份，顯著提升肌膚緊緻度和彈性，撫平細紋，令肌膚重現緊緻光采，輪廓更見立體分明，煥發青春生命力。

Harnessing Swiss Perfection's advanced biotechnological ingredients, this high-performance facial helps improve firmness, enhance elasticity and smooth the appearance of wrinkles. The result is firmer, more



養生組合
WELLNESS PROGRAMMES

文華東方水療套房體驗 MANDARIN SPA SUITE EXPERIENCE | 3 小時 3 hours

此水療護理為雙人體驗，先在私密性高的水療套房內享受獨立的熱能設施、蒸汽浴及香薰按摩池，再進行兩小時按摩護理，令壓力一掃而空，平衡身心。療程後在套房內享用輕盈健康的餐點，讓體驗更添喜悅。

Before a highly personalised two-hour massage, couples are welcomed into an opulent private suite with exclusive heat facilities. Unwind in a stress-relieving steam shower and a calming Jacuzzi enriched with aromatic essential oils, restoring harmony to body and mind. This indulgent, holistic journey concludes with a light spa meal, served in the comfort and privacy of your suite.

半日水療之旅 HALF DAY SPA JOURNEY | 4 小時 4 hours

這趟半日之旅能讓您體驗極致放鬆的真諦。透過文華東方皇牌身體磨砂、客製化按摩及尊尚面部護理，讓您舒緩緊張狀態，提升身體柔韌度，並帶來深層持久的放鬆。療程後於大堂酒廊享用經典下午茶，為這段身心平衡之旅增添優雅愜意的完美體驗。

This half-day journey embodies the ultimate in relaxation. Featuring a signature Oriental body scrub, a bespoke massage, and an indulgent facial, this thoughtfully curated experience relieves tension, enhances flexibility, and induces deep, lasting relaxation. The journey concludes with a signature afternoon tea at the Lobby Lounge, completing this refined, holistic escape.



健身及養生
FITNESS AND WELLNESS

健身中心 FITNESS CENTRE

在寧靜的海岸景致烘托下，於設備先進的健身中心盡享全面運動體驗。配合度身訂製的個人訓練課程，助您更有效達成健身目標。

Enjoy a comprehensive workout with state-of-the-art fitness equipment and personalised training sessions, all set against the backdrop of peaceful harbour views.

游泳池 SWIMMING POOL

在 25 米戶外季節性游泳池中暢泳，同時飽覽南中國海的壯麗景色，並享有無微不至的池畔服務與精緻輕食。

Swim, relax, and recharge in our seasonal 25-metre outdoor pool, complemented by stunning South China Sea views, attentive poolside service, and light refreshments.

私人訓練 PERSONAL TRAINING | 1 小時 1 hour

透過度身訂製的個人訓練課程，助您達成健身與健康目標。課程旨在提升整體體能、增強肌力，並培養更健康的生活模式。

Achieve your fitness and wellness goals with personalised training programmes designed to improve wellbeing, build strength, and support a healthier lifestyle.

團體課程 GROUP CLASS | 45 分鐘 45 minutes

(最少 2 人 / 最多 4 人 minimum 2 people / maximum 4 people)

循環訓練 CIRCUIT TRAINING

透過一系列針對性訓練動作，配合短暫休息進行高效循環訓練，全面提升體能、肌力及耐力。課程將根據個人目標設計，助您發揮最佳表現。

Boost fitness, strength, and endurance with a dynamic circuit training workout, tailored to your goals through a series of targeted exercises performed with minimal rest.

柔韌拉伸 MOBILITY STRETCH

透過融合筋膜放鬆與伸展訓練的專業課程，有效提升身體靈活度、柔韌性及活動表現，同時舒緩肌肉緊繃與壓力。

Improve mobility, flexibility, and movement quality with a guided class combining self-myofascial release and stretching techniques to reduce tension and enhance overall wellbeing.

一日通行證 DAY PASS

遠離城市的喧囂，享受盡情放鬆、健體與提升身心靈健康的一天。無論在池畔放鬆、水中暢泳，抑或在健身與康體中心鍛鍊體能，我們完善的設施均為您提供理想環境，讓身心煥然一新，重拾活力與平衡。

Escape the pace of the city and enjoy a day dedicated to relaxation, fitness, and wellbeing. Whether you prefer unwinding by the pool, taking a refreshing swim, or pursuing your fitness goals in our Fitness & Wellness Centre, our facilities provide the ideal setting to recharge, rejuvenate, and restore balance.

歡迎聯絡澳門文華東方酒店水療與康體中心，了解各項會籍計劃及專屬禮遇。

Please contact the Spa & Wellness at Mandarin Oriental, Macau for membership packages.

條款及細則
TERMS & CONDITIONS

提前預約 ADVANCED BOOKINGS

建議您提前預約護理療程，以便我們為您安排合適的時段及服務。

We highly recommend reserving your treatment in advance to ensure availability of your preferred time and service.

取消政策 CANCELLATION POLICY

為確保完善流暢的體驗，如需取消或變更預約，敬請於療程開始前最少 24 小時通知。於預約時間前 24 小時內取消，將收取百分之五十的費用；而於 12 小時內取消或未有如期出席，則須支付全額費用。預訂時須提供有效信用卡作擔保。

To ensure a seamless experience, we kindly request a minimum of 24 hours' notice for any cancellation or amendment. Cancellations made within 24 hours of the scheduled appointment will incur a 50% charge, while cancellations within 12 hours or failure to attend will be charged in full. A valid credit card is required to guarantee all reservations.

電子產品禮儀 DIGITAL DISCONNECTION

為保持水療中心寧靜舒適的氛圍，並保障所有賓客的私隱，敬請於到訪期間關閉流動通訊裝置，並將其存放在自己的儲物櫃中。

To preserve the tranquil ambience of our spa and respect the privacy of all guests, we kindly ask that mobile devices are switched off and stored in your locker during your visit.

抵達水療中心時間 SPA ARRIVAL

為讓您獲得最佳的水療體驗，我們建議您於護理前 45 分鐘抵達中心，以便進行個性化諮詢，以及享用熱療和水療設施。敬請留意，若未能依時抵達，護理時間或需相應縮短。

For the best spa experience, we recommend arriving 45 minutes before your treatment to enjoy a personalised consultation and our heat and water facilities. Please note that late arrivals may result in a shortened treatment.

年齡要求 AGE REQUIREMENT

使用水療中心及健身中心必須為 16 歲或以上人士。

The minimum age requirement for access to the Spa and Fitness Centre is 16 years of age.

居家護理 HOMECARE

為讓您在家也能延續水療之旅，護理療程中所使用的所有產品，均在水療精品店有售，另有精生活用品及獨家紀念品供您選購。

To continue your spa journey at home, all products used in our treatments are available at our spa boutique, complemented by a curated collection of lifestyle items and exclusive souvenirs.

禮品卡 GIFT CARDS

文華東方禮品卡是饋贈摯愛的理想之選。歡迎到 www.mandarinoriental.com/gift-cards/ 網上購買，或親臨水療中心接待處選購。

Our gift cards offer the perfect present and are available online at www.mandarinoriental.com/gift-cards/, as well as at the Spa concierge desk.

MANDARIN ORIENTAL
SPA AND WELLNESS

開放時間

水療中心 ：下午一時至晚上九時
游泳池 ：上午七時至晚上八時
健身中心 ：上午七時至晚上十時

水療及護理價目表

濠鏡精髓		平日	週末
珠光玉龍	3 小時	3,600	3,900
醉人葡情	2 小時	2,600	2,800

經典療程			
和氣養元	1 小時 30 分鐘	1,580	1,780
深度睡眠	1 小時 30 分鐘	1,580	1,780
內在平衡	1 小時 30 分鐘	1,580	1,780
數碼排毒	1 小時 30 分鐘	1,580	1,780
智能運動	1 小時 30 分鐘	1,680	1,880
特色護理™	2 小時	2,600	2,800
	3 小時	3,600	3,900

全身按摩護理			
傳統泰式按摩	1 小時 30 分鐘	1,680	1,880
青竹按摩	1 小時 30 分鐘	1,680	1,880
峇里式按摩	1 小時 30 分鐘	1,680	1,880
活力重現	1 小時 30 分鐘	1,580	1,780
孕期呵護	1 小時 30 分鐘	1,580	1,780
重啟身心	1 小時 30 分鐘	1,580	1,780

昇華項目		平日	週末
文華東方皇牌全身磨砂	45 分鐘	780	880
三重玫瑰去角質護理	45 分鐘	780	880
LED 光化面膜護理 (附加項目)	15 分鐘	380	580

全面護膚療程			
極致養生面部護理	1 小時 30 分鐘	1,780	1,980
孕婦煥采面部護理	1 小時 30 分鐘	1,780	1,980
男士深層潔淨面部護理	1 小時 30 分鐘	1,780	1,980

高效美容護理			
膠原蛋白重塑面部護理	1 小時 30 分鐘	2,500	2,880
孕婦煥采面部護理	1 小時 30 分鐘	2,880	3,080
孕婦煥采面部護理	1 小時 30 分鐘	3,880	4,280

養生組合			
文華東方水療套房體驗 (雙人)	1 小時	5,280	5,680
孕婦煥采面部護理 (單人)	4 小時	4,180	4,380
孕婦煥采面部護理 (雙人)	4 小時	7,080	7,880

健身及養生			
私人訓練	1 小時	680	880
團體課程	45 分鐘	380	580
一日通行證 (單人)	4 小時	480	680
一日通行證 (雙人)	8 小時	780	1,088

*請注意平日是指星期一至星期四，週末是指星期五至星期日
*所有價格均以澳門元計算
*所有價格須另加百分之十服務費及百分之五政府稅

商品價目表

文華東方水療中心皇牌香薰精油

按摩及身體護理油

喚醒	100毫升	680
綻放	100毫升	680
成長	100毫升	680
釋放	100毫升	680
思考	100毫升	680
盛萃	100毫升	680

QMS MEDICOSMETICS 產品

潔面爽膚系列

溫柔潔面乳	200毫升	680
煥采潔面啫喱	200毫升	680
保濕爽膚水	200毫升	680
鎮靜平衡爽膚水	200毫升	680

抗衰老系列

抗衰老緊緻面膜	100毫升	1,100
煥采潔面啫喱	15毫升	1,480
保濕爽膚水	50毫升	1,680
鎮靜平衡爽膚水	30毫升	2,580

面霜及面膜系列

Hydromax 皮膚活化肌膚片狀面膜	4 錠 + 50毫升	780
含 7% 果酸活力角質更新液	30毫升	980
Derma Expert Cellular 細胞修護精華	50毫升	980

Collagen System 膠原蛋白系列

膠原蛋白日間精華	30毫升	980
膠原蛋白夜間精華	30毫升	980
膠原蛋白日間舒敏精華	30毫升	980
膠原蛋白夜間舒敏精華	30毫升	980
Derma Expert 膠原蛋白修護防禦霜 (絲絨感防曬乳液 SPF50+ PA++++)	50毫升	1,880

Precision Care 高效修護系列

Precision Care 3D 膠原蛋白精華	30毫升	2,780
Precision Care 3D 膠原蛋白面霜	50毫升	2,880
Precision Care 3D 膠原蛋白晚霜	50毫升	2,980

瑞士 SWISS PERFECTION 產品

潔面爽膚系列

深層淨化啫喱	200毫升	1,020
活細胞嫩膚平衡水	100毫升	1,020
深層潔膚乳	30毫升	1,020
潔膚油	30毫升	1,080
煥膚肌底液	30毫升	1,180

眼部護理

活細胞滋養眼霜	15毫升	1,900
滋養眼霜	15毫升	1,900
極緻提升眼霜	15毫升	3,680

面部護理

緊緻提升面霜	50毫升	4,980
深層修護護理	50毫克	7,260

修護精華

完美緊緻精華	50毫升	3,980

AMOAUGE 產品

扇語輕吟

沐浴露	300毫升	380
護手護身乳液	300毫升	380
護髮素	300毫升	380
洗髮水	300毫升	380

*所有價格均以澳門元計算
*所有價格須另加百分之五政府稅

MANDARIN ORIENTAL
SPA AND WELLNESS

OPENING HOURS

Spa & Wellness : 1pm – 9pm
Swimming Pool : 7am – 8pm
Fitness Centre : 7am – 10pm

TREATMENT PRICE LIST

ESSENCE OF MACAU		Weekday	Weekend
Pearl Jade Dragon	3 hours	3,600	3,900
Vino of Portugal	2 hours	2,600	2,800

SIGNATURE THERAPIES			
Qi	1 hour 30 minutes	1,580	1,780
Sleepfulness	1 hour 30 minutes	1,580	1,780
Inner Balance	1 hour 30 minutes	1,580	1,780
Tech Detox	1 hour 30 minutes	1,580	1,780
Intelligent Movement	1 hour 30 minutes	1,680	1,880
Time Rituals™	2 hours	2,600	2,800
	3 hours	3,600	3,900

MASSAGE			
Traditional Thai	1 hour 30 minutes	1,680	1,880
Bamboo Massage	1 hour 30 minutes	1,680	1,880
Balinese Massage	1 hour 30 minutes	1,680	1,880
Inner Strength	1 hour 30 minutes	1,580	1,780
Mum To Be	1 hour 30 minutes	1,580	1,780
Pause & Reset	1 hour 30 minutes	1,580	1,780

TREATMENT ENHANCERS		Weekday	Weekend
Oriental Body Scrub	45 minutes	780	880
Triple Rose Exfoliation	45 minutes	780	880
LED Light Therapy Mask (Add-On)	15 minutes	380	580

HOLISTIC SKIN CARE			
Ultimate Wellbeing Facial	1 hour 30 minutes	1,780	1,980
Glow As You Grow	1 hour 30 minutes	1,780	1,980
Men's Deep Cleansing Facial	1 hour 30 minutes	1,780	1,980

ADVANCED SKIN CARE			
Collagen Restore Facial	1 hour 30 minutes	2,500	2,880
Cellular High-Tech Firming	1 hour 30 minutes	2,880	3,080
Exclusive Lifting Concept	2 hours	3,880	4,280

WELLNESS PROGRMMES			
Mandarin Spa Suite Experience (Double)	3 hours	5,280	5,680
Half Day Spa Journey (Single)	4 hours	4,180	4,380
Half Day Spa Journey (Double)	4 hours	7,080	7,880

FITNESS AND WELLNESS			
Personal Training	1 hour	680	880
Group Class	45 minutes	380	580
Day Pass (Single)	8 hours	480	680
Day Pass (Double)	8 hours	780	1,088

*Please note that weekdays are defined as Monday to Thursday, and weekends are defined as Friday to Sunday.
*All prices are in Macau Patacas
*Prices are subject to a 10% service charge and a 5% government tax

RETAIL PRICE LIST

MANDARIN ORIENTAL SPA SIGNATURE OILS

Massage and Body Oil

Awaken	100ml	680
Bloom	100ml	680
Flourish	100ml	680
Release	100ml	680
Reflect	100ml	680
Quintessence	100ml	680

QMS MEDICOSMETICS

Cleansers & Toners

Gentle Cleansing Milk	200ml	680
Energizing Cleansing Gel	200ml	680
Hydrating Toner	200ml	680
Calming Toner	200ml	680

Age Prevent

Age Prevent Power Firm Mask	100ml	1,100
Age Prevent Intensive Eye Cream	15ml	1,480
Age Prevent Antioxidant Cream	50ml	1,680
Age Prevent Serum in Oil	30ml	2,580

Lotion and Mask

Hydromax Skin Activator Sheet Mask	4 tabs + 50ml	780
7% AHA Active Exfoliant Resurfacing Liquid	30ml	980
Derma Expert Cellular	50ml	980

Collagen System

Collagen Day Serum	30ml	980
Collagen Night Serum	30ml	980
Collagen Day Serum Sensitive	30ml	980
Collagen Night Serum Sensitive	30ml	980
Derma Expert Collagen Recovery Cream (Velvet Touch Fluid SPF50+ PA++++)	50ml	1,880

Precision Care

Precision Care COLLAgen3DTM Serum	30ml	2,780
Precision Care COLLAgen3DTM Cream	50ml	2,880
Precision Care COLLAgen3DTM Night Cream	50ml	2,980

SWISS PERFECTION

Cleansers & Toners

Purifying Gel	200ml	1,020
Cellular Balancing Water	100ml	1,020
Deep Cleansing Emulsion	30ml	1,020
Cleansing Oil	30ml	1,080
Exfoliating Solution	30ml	1,180

Eye Treatments

Cellular Nourishing Eye Cream	15ml	1,900
Nourishing Eye Cream	15ml	1,900
Perfect Lift Eye Cream	30ml	3,680

Face Cream

Perfect Lift Cream	50ml	4,980
Intensive Treatment	50mg	7,260

Serums

Perfect Lift Serum	50ml	3,980

AMOAUGE AMENITIES

Whispers of the Fan

Bath & Shower Gel	300ml	380
Hand & Body Lotion	300ml	380
Conditioner	300ml	380
Shampoo	300ml	380

*All prices are in Macau Patacas
*Prices are subject to a 5% government tax