



## EMOTIONAL WELLNESS WITH DR. BUATHON

From 19 to 28 October 2025, renowned holistic practitioner Dr. Buathon Thienarrom returns to The Mandarin Spa to offer her unique approach to holistic healing.

Her exclusive treatments include Body-Mind and Spiritual Wellbeing, to release physical tension allowing the life force energy to flow with ZenNaTai, energy enhancing through Vibrational Healing Bowl and transform your mind for a greater mental clarity and alignment.

Guests will leave feeling euphoric and relaxed, have an increased chi flow (or life energy), and a peaceful state of mind.

For more information and reservations, please speak with the spa concierge team.