



THE
MANDARIN SPA
HONG KONG



Alex Scrimgeur a highly trained Bodywork therapist specialising in Dien Chan Facial Reflexology will back in the Mandarin Spa from 23 November to 7 December 2025.

A highly trained Bodywork therapist specialising in Dien Chan Facial Reflexology. He studied a wide range of therapeutic modalities from Tui-Na to Thai Massage, Deep Tissue and to Qigong, helping people achieve optimum health and wellbeing.

Alex's signature Dien Chan treatment creates a profound sense of relaxation. By releasing micro-pressure points of the face, a unique shift occurs in the mind and nervous system releasing the hidden tension and emotional stress that builds up in the background of busy modern lifestyle.

The treatment has many health benefits and can be enjoyed for deep relaxation or also tailored for specific health concerns.

For more information or to reserve, please call +852 2825 4888
or email mohkg-spa@mohg.com