



Sound Bath



Take a moment for yourself and indulge in the meditative practice of a Sound Bath. Relax and rejuvenate with the soothing sounds of Tibetan bells, gongs, and Koshi chimes, and experience a profound sense of inner well-being.

Date: 8 October

Time: 8:00 PM

Duration: 1 hour

Price per person: 50€

For information:
momln-spa@mohg.com
[+39 02 8731 8882](tel:+390287318882)